



EYFS – Reception

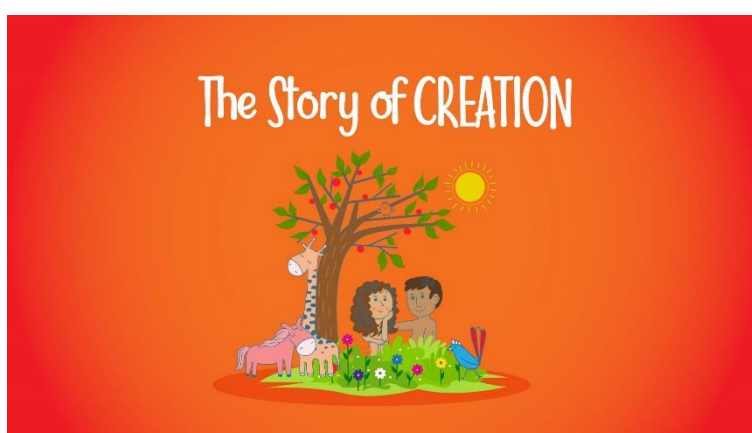
Unit 1: Religious Understanding

Unit 1 – Religious Understanding introduces children to the story of creation, where God created the earth, sea, stars, plants, animals and humans. The five-story sessions encourage children to creatively explore this topic and help them to deeply know that they are created by God out of love and for love.

Module Song

Unit prayer: Thank You for Making Me

Story Sessions: Handmade With Love



What happens in the sessions?

Over five days, children will be told the story of creation, engaging with it creatively through sound, movement and discussion. This session aims to provide children at the outset of the programme with the language and understanding of the fundamental principle that we were created by God out of love and for love.

What do children learn?

- We are created individually by God as part of His creation plan
- We are all God's children and are special
- Our bodies were created by God and are good
- We can give thanks to God!



Unit 2: Me, My Body, My Health

In Unit 2 – Me, My Body, My Health, children meet the story book characters of Freddy Teddy, Mollie the Cat and Billy Bird who will reappear throughout this scheme of work. Children will learn about their uniqueness in real terms, including celebrating differences and individual gifts, talents and abilities. They will learn about looking after and using their God-given bodies and develop their vocabulary around this topic.

Module Song

Unit prayer: You Made Me ME!

Session 1: I Am Me



What happens in the sessions?

This session helps children learn that they are uniquely created by God and special because they are made and loved by Him. As children explore in more detail their uniqueness and what that means in real terms, this session aims to celebrate difference as well as individual gifts, talents and abilities.

What do children learn?

- We are each unique, with individual gifts, talents and skills
- Whilst we all have similarities because we are made in God's image, difference is part of God's plan!



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Module Song

Unit prayer: You Made Me ME!

Session 2: Heads, Shoulders, Knees and Toes



What happens in the sessions?

The first part of this session involves children moving around and exploring the movements their bodies can make by taking part in a story about Freddy Teddy and Mollie the Cat, who take a morning walk. The rest of the session helps children realise how wonderful their unique, God-given bodies are. The session also briefly discusses, in an age-appropriate way, that privates are private.

What do children learn?

- That their bodies are good and made by God
- The names of the parts of the body (not genitalia)

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Module Song

Unit prayer: You Made Me ME!

Session 3: Ready Teddy



What happens in the sessions?

With the ultimate aim of looking after our God-given bodies, this interactive session involves children helping Freddy Teddy to make good, healthy lifestyle decisions, including about exercise, diet, sleep and personal hygiene. Note that this session is not exhaustive and these topics will need to be revisited multiple times for children to really grasp them; rather, this session offers spiritual reasoning for why we should look after our bodies, and consolidates on the good practice being taught in schools and at home.

What do children learn?

- That our bodies are good and we need to look after them
- What constitutes a healthy lifestyle, including exercise, diet, sleep and personal hygiene



Unit 3: Emotional Well-Being

Over the three sessions of Unit 3 – Emotional Well-Being, children will learn about likes, dislikes and self-acceptance. They will learn from Freddy Teddy and his friends how to describe different feelings, both good and bad. Finally, through a real-world example, children will learn that actions have consequences; that when we make mistakes we should say sorry and ask for forgiveness.

Module Song

Unit prayer: Jesus is With Me

Session 1: I Like, You Like, We All Like



What happens in the sessions?

This session builds on themes of similarities and differences from Unit 2 by helping children consider what likes and dislikes they have in common. Children will also participate in a story in which Mollie the Cat feels bad because she doesn't like catching mice, but comes to a place of self-acceptance with the help of her friends.

What do children learn?

- That we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc)
- That it is natural for us to relate to and trust one another



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Module Song

Unit prayer: Jesus is With Me

Session 2: All the Feelings!



What happens in the sessions?

Using pictures and short stories of Freddy Teddy and his friends experiencing different feelings, children will discuss how they are feeling, what feelings can look like and why they might be feeling them. They will also work on empathy and understanding of others, and how to help.

What do children learn?

- A language to describe their feelings
- An understanding that everyone experiences feelings, both good and bad
- Simple strategies for managing feelings



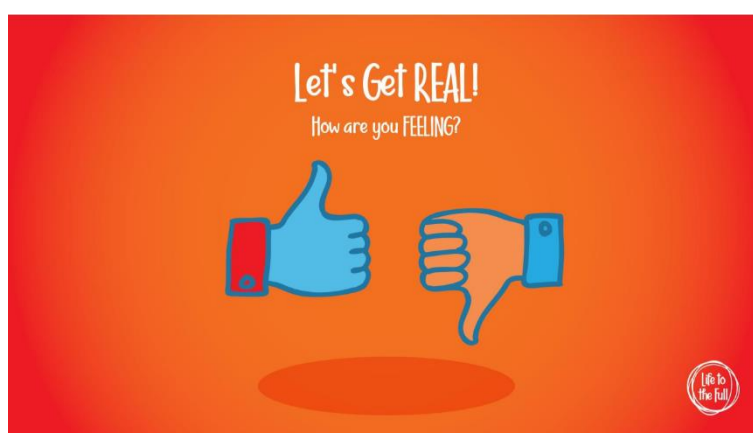
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Module Song

Unit prayer: Jesus is With Me

Session 3: Let's Get Real



What happens in the sessions?

This session moves away from Freddy Teddy and friends and looks at a real-life example of a challenging situation like pupils may face. Children will engage creatively with this story, learning that actions have consequences; that when we make mistakes, we should say sorry and ask for forgiveness. This will lead into a basic exploration of Jesus' forgiveness for us.

What do children learn?

- Simple strategies for managing emotions and behaviour
- That we have choices and these choices can impact how we feel and respond
- We can say sorry and forgive like Jesus



Unit 4: Life Cycles

Through Mollie the Cat and Billy Bird talking about their respective journeys from kitten/egg to adult animals, in Unit 4 – Life Cycles children will explore the natural human cycle of life, focusing on what children can remember about their development so far and what they know will happen as they get older. This is underpinned by the religious understanding that growing up is part of God’s plan for our lives and that we are loved by Him at every life stage.

Module Song

Unit prayer: When I Was Young

Session 1: Growing Up



What happens in the sessions?

This session helps children explore the natural human cycle of life, focusing on what children can remember about their development so far and what they know will happen as they get older. This is underpinned by the religious understanding that growing up is part of God’s plan for our lives, and that we are loved by Him at every life stage.

What do children learn?

- That there are natural life stages from birth to death, and what these are.