



| | | EYFS - Reception | KS1 - Year 1 & 2 | LKS2 - Year 3 & 4 | UKS2 - Year 5 & 6 |
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| Autumn | Created and Loved by God | <u>Unit 1: Religious Understanding:</u> 1. Handmade with Love | <u>Unit 1: Religious Understanding:</u> 1. Let the Children Come | <u>Unit 1: Religious Understanding:</u> 1. Get Up! 2. The Sacraments | <u>Unit 1: Religious Understanding:</u> 1. Calming the Storm |
| | | <u>Unit 2: Me, My Body, My Health:</u> 1. I Am Me 2. Head, Shoulders, Knees and Toes 3. Ready Teddy | <u>Unit 2: Me, My Body, My Health:</u> 1. I Am Unique 2. Girls and Boys 3. Clean and Healthy Key Decision: Girls and Boys unit - vocabulary for genitalia is taught in Year 3. | <u>Unit 2: Me, My Body, My Health:</u> 1. We Don't Have to be the Same 2. Respecting Our Bodies 3. What is Puberty? 4. Changing Bodies Key Decision: What is Puberty? unit and Changing Bodies unit are taught in Year 4. | <u>Unit 2: Me, My Body, My Health:</u> 1. Gifts and Talents 2. Girls' Bodies 3. Boys' Bodies 4. Spots and Sleep |
| | | <u>Unit 3: Emotional Well-being:</u> 1. I Like, You Like, We All Like! 2. All the Feelings! 3. Let's Get Real | <u>Unit 3: Emotional Well-being:</u> 1. Feelings, Likes and Dislikes 2. Feeling Inside Out 3. Super Susie Gets Angry | <u>Unit 3: Emotional Well-being:</u> 1. What Am I Feeling? 2. What Am I Looking At? 3. I Am Thankful! Additional sessions to supplement this unit: Lurking Trolls: Self-Image Lurking Trolls: Anxiety | <u>Unit 3: Emotional well-being:</u> 1. Body Image Lurking Trolls: Self-Image Lurking Trolls: Anxiety 2. Peculiar Feelings 3. Emotional Changes 4. Seeing Stuff Online Key Decision: Seeing Stuff Online is not part of the statutory curriculum, and is not taught in school |
| | | <u>Unit 4: Life Cycles:</u> 1. Growing Up | <u>Unit 4: Life Cycles:</u> 1. The Cycle of Life | <u>Unit 4: Life Cycles:</u> 1. Life Cycles 2. A Time for Everything Sexual intercourse is not discussed in the Life Cycles unit. | <u>Unit 4: Life cycles:</u> 1. Making babies part 1 2. Making babies part 2 Key Decision: Making Babies part 2 is not part of the statutory curriculum, and is not taught in school 3. Menstruation |

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| Spring | Created to Love Others | <u>Unit 1: Religious Understanding:</u> 1. Role Model | <u>Unit 1: Religious Understanding:</u> 1. God Loves You | <u>Unit 1: Religious Understanding:</u> 1. Jesus, My Friend | <u>Unit 1: Religious Understanding:</u> 1. Is God Calling You? |
| | | <u>Unit 2: Personal Relationships:</u> 1. Who's Who? 2. You've Got a Friend in Me 3. Forever Friends | <u>Unit 2: Personal Relationships:</u> 1. Special People 2. Treat Others Well... 3. ... and Say Sorry! | <u>Unit 2: Personal Relationships:</u> 1. Friends, Family & Others 2. When Things Feel Bad | <u>Unit 2: Personal Relationships:</u> 1. Under Pressure 2. Do You Want a Piece of Cake? 3. Self-talk |
| | | <u>Unit 3: Keeping Safe:</u> 1. Safe Inside and Out 2. My Body, My Rules 3. Feeling Poorly 4. People Who Help Us | <u>Unit 3: Keeping Safe:</u> 1. Being Safe 2. Good Secrets/ Bad Secrets 3. Physical Contact 4. Harmful Substances | <u>Unit 3: Keeping Safe:</u> 1. Sharing Online 2. Chatting Online Lurking Trolls: Online Bullying 3. Physical Contact 4. Drugs, Alcohol and Tobacco | <u>Unit 3: Keeping Safe:</u> 1. Sharing Isn't Always Caring 2. Cyber Bullying Lurking Trolls: Online Bullying 3. Types of Abuse Key Decision: 'Types of Abuse' unit to be taught more generically through other resources. 4. Impacted Lifestyles 5. Making Good Choices 6. Giving assistance Lurking Trolls: Exploitation Lurking Trolls: Radicalisation |

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| Summer | Created to Live in the Community | <u>Unit 1: Religious Understanding:</u> 1. God's Love 2. Loving God and Loving Others | <u>Unit 1: Religious Understanding:</u> 1. Three in One 2. Who is My Neighbour? | <u>Unit 1: Religious Understanding:</u> 1. Trinity House 2. What is the Church | <u>Unit 1: Religious Understanding:</u> 1. The Trinity 2. Catholic Social Teaching |
| | | <u>Unit 2: Living in the Wider World:</u> 1. Me, You, Us Twinkl – My Family and Community: British Values and We are All Different Own lesson and resources: Aspirations | <u>Unit 2: Living in the Wider World:</u> 1. The Communities We Live In Twinkl - Money Matters Twinkl - British Values and Diverse Britain Twinkl – Aspirations, Goals and Careers | <u>Unit 2: Living in the Wider World:</u> 1. How Do I Love Others? Twinkl – Money Matters Twinkl - British Values and Diverse Britain Twinkl – One World Twinkl – Aiming High, Aspirations | <u>Unit 2: Living in the Wider World:</u> 1. Reaching Out Twinkl – Money Matters Twinkl - British Values and Diverse Britain Twinkl – Prejudice and Discrimination Twinkl – One World Twinkl – Aiming High, Aspirations |

Yellow highlighted information shows where our 'Key Decisions' have been made about what to include in our PSHE/ RSE curriculum, and when to teach it.

Green high-lighted information shows additional sessions using the 'Beware of Lurking Trolls' The campaign is backed by the Safeguarding Children Partnerships in Portsmouth, Southampton, Isle of Wight and Hampshire and has been developed with support from schools, child and adolescent mental health services (CAMHS), the police, local authority children and education services, public health and library services.

Pink highlights show additional supplementary PSHE sessions.

Online safety and digital resilience and awareness is also taught through Internet Safety week, and referred to throughout the year.